

KNOW YOUR RIGHTS WHEN GIVING BIRTH



Respectful Care

You must be treated with dignity and respect at all times.



Informed Consent

No one should touch or examine you without your clear permission.



Privacy & Confidentiality

Your body and personal health information must be protected.



Safe and Timely Care

You should receive help during emergencies without delays.



Freedom from Abuse

No shouting, slapping, or verbal insults — ever.



Care Without Discrimination

You deserve quality care regardless of your age, health status, disability, or economic constraints.



WHAT DISRESPECT LOOKS LIKE:

- Being ignored when in pain
- Being mocked or shouted at during labor
- Procedures done without your consent
- Being left to deliver on the floor
- Forced sterilization or denied access to family planning

SPEAK UP. YOU DESERVE DIGNITY.

If you or someone you know has experienced abuse during childbirth:

Record the violation of right

Report to the Hospital Administrator

Or contact litigation@kelinkenya.org

You can also lodge a complaint with:

Kenya Medical Practitioners and Dentists Council (KMPDC)